

North Dallas Oral & Maxillofacial Surgery

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Pre-op instructions for oral surgery with intravenous anesthesia/sedation

- No food or liquids, including water, should be taken by mouth for at least 6 hours prior to your appointment. The only exception to this is if you need to take prescribed medicines during this period. Do so at the time you are supposed to take these medicines with as little water as possible.
- Bring someone with you who can drive you home after your appointment. You cannot drive a vehicle until the next day. Minors must be accompanied by a parent or guardian.
- Wear comfortable loose-fitting clothing. Do not wear high-heeled shoes to your surgical appointment. We prefer tennis shoes. No flip flops.
- Empty your bladder immediately prior to your appointment.