

North Dallas Oral & Maxillofacial Surgery
Afshin Rezvani, DDS, MD
915 W. Exchange Pkwy Suite 210
Allen, Texas 75013

Pre-op instructions for oral surgery with intravenous anesthesia/sedation

- **No food or liquids, including water**, should be taken by mouth for at least 6 hours prior to your appointment. The only exception to this is if you need to take prescribed medicines during this period. Do so at the time you are supposed to take these medicines with as little water as possible, unless instructed otherwise.
- **Bring someone with you** who can drive you home after your appointment. You cannot drive a vehicle until the next day. That person will need to stay in the lobby while you get your procedure done. Minors must be accompanied by a parent or guardian.
- Wear comfortable loose-fitting clothing. **Wear a short sleeve shirt**. Do not wear high-heeled shoes to your surgical appointment. We prefer tennis shoes. **No flip flops**.
- Refrain from **smoking** at least 3 days prior to surgery.
- Refrain from having **alcoholic drinks 24-48 hours** prior to surgery.
- Empty your bladder immediately prior to your appointment.
- **Do Not Wear Contact Lenses**

Please Contact our office with any questions or concerns.